

Moving On Center 2008 Calendar

Module 1 - Somatic Education and Massage Training

July 6- August 8: Weeks 1 & 2

July

July

6 Sunday	7 Monday	8 Tuesday	9 Wednesday	10 Thursday	11 Friday	12 Saturday
Module 1 – Week 1 Somatic Education (3 weeks) <i>Note: Classes in italics are only open to students taking the full Module or the full two weeks of Somatic Education.</i> 1:00pm – 5:00pm Somatic Education and Massage Training Orientation	9:00am – 12:00pm Experiential Anatomy	9:00am – 12:00pm Experiential Anatomy	9:00am – 12:00pm Experiential Anatomy	9 – 9:30am Singing and Movement	9 – 9:30am Singing and Movement	<i>Free!</i>
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	9:30am – 12:00pm Developmental Movement	9:30am – 12:00pm Developmental Movement	
	1:00pm – 4:00pm Experiential Anatomy	1:00pm – 4:00pm Experiential Anatomy	1:00pm – 4:00pm Developmental Movement	1:00pm – 4:00pm Developmental Movement	<i>1:00pm – 4:00pm Homework</i>	
	<i>Off</i>	<i>Off</i>	<i>4:00pm – 6:00pm Heart Circle</i>	<i>4:00pm – 6:00pm Authentic Movement</i>	<i>Off</i>	
13 Sunday	14 Monday	15 Tuesday	16 Wednesday	17 Thursday	18 Friday	19 Saturday
Module 1 – Week 2 Somatic Education <i>Free!</i>	9 – 9:30am Singing and Movement	9 – 9:30am Singing and Movement	9 – 9:30am Singing and Movement	9 – 9:30am Singing and Movement	9 – 9:30am Singing and Movement	<i>Free!</i>
	9:30am – 12:00pm Alexander Technique	9:30am – 12:00pm Alexander Technique	9:30am – 12:00pm Bartenieff Fundamentals	9:30am – 12:00pm Bartenieff Fundamentals	<i>9:30am – 12:00pm Homework</i>	
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm-4:00pm Alexander Technique	1:00pm-4:00pm Alexander Technique	1:00pm-4:00pm Bartenieff Fundamentals	1:00pm-4:00pm Bartenieff Fundamentals	<i>1:00pm – 4:00pm Integration</i>	
<i>Off</i>	<i>4:00pm – 6:00pm Advising</i>	<i>4:00pm – 6:00pm Heart Circle</i>	<i>4:00pm – 6:00pm Authentic Movement</i>	<i>Off</i>		

**July/
August**

Moving On Center 2008 Calendar
 Module 1 - Somatic Education and Massage Training
 July 6- August 8: Weeks 3 & 4

**July/
August**

20 Sunday	21 Monday	22 Tuesday	23 Wednesday	24 Thursday	25 Friday	26 Saturday
Module I – Week 3 Somatic Education <i>Note: Classes in italics are only open to students taking the full Module or the full two weeks of Somatic Education.</i>	9 – 9:30am Singing and Movement	9 – 9:30am Singing and Movement	<i>Off</i>	9 – 9:30am Singing and Movement	9 – 12:00pm Homework	<i>Free!</i>
	9:30am – 12:00pm Somatic Therapy	9:30am – 12:00pm Somatic Therapy		<i>9:30am - 12:00pm Authentic Movement</i>		
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm – 4:00pm Somatic Therapy	1:00pm – 4:00pm Somatic Therapy	<i>1:00pm – 4:00pm Heart Circle</i>	<i>1:00pm – 4:00pm Integration</i>	<i>1:00pm – 4:00pm Closing/Appreciation</i>	
	<i>4:00pm – 6:00pm Alive and Well Massage Orientation</i>	<i>4:00pm - 6:00pm Advising</i>	<i>Off</i>	<i>Off</i>	<i>Evening Party</i>	
<i>Free!</i>						
27 Sunday	28 Monday	29 Tuesday	30 Wednesday	31 Thursday	1 Friday	2 Saturday
Module I – Week 4 Massage Training (2 weeks) <i>Note: Classes in italics are only open to students taking the full Module</i>	<i>8:00am – 12:00pm Massage Level 1</i>	<i>8:00am – 12:00pm Massage Level 1</i>	<i>8:00am – 12:00pm Massage Level 1</i>	<i>8:00am – 12:00pm Massage Ergonomics</i>	<i>8:00am – 12:00pm Massage Level 1</i>	<i>Free!</i>
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00 (Check In)	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	<i>1:00pm – 4:00pm Massage Level 1</i>	<i>1:00pm – 4:00pm Massage Level 1</i>	<i>1:00pm – 4:00pm Massage Level 1</i>	<i>1:00pm – 4:00pm Massage Ergonomics</i>	<i>1:00pm – 3:00pm Massage Level 1</i>	
					<i>3:00pm – 4:00pm Integration & Practice</i>	
<i>Off</i>	<i>Off</i>	<i>Off</i>	<i>Off</i>	<i>4:00pm – 6:00pm Integration</i>	<i>Off</i>	

August

Moving On Center 2008 Calendar
 Module 1 - Somatic Education/Massage Training
 July 6 - August 8: Week 5

LMA Workshop: August 11-12
 BMC Workshop: August 16-17

August

3 Sunday	4 Monday	5 Tuesday	6 Wednesday	7 Thursday	8 Friday	9 Saturday
<div style="border: 1px solid black; padding: 5px; width: fit-content;"> Module 1 – Week 5 Massage Training <i>Note: Classes in italics are only open to students taking the full Module.</i> </div> Free!	8:00am – 12:00pm <i>Anatomy Integration</i>	8:00am – 12:00pm <i>Massage Level 2</i>	8:00am – 12:00pm <i>Massage Level 2</i>	8:00am – 12:00pm <i>Massage Level 2</i>	8:00am – 11:00pm <i>Massage Level 2</i>	Free!
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	11:00pm – 12:00pm <i>Level 2 LAB</i>	
	1:00pm – 4:00pm <i>Anatomy Integration</i>	1:00pm – 4:00pm <i>Massage Level 2</i>	1:00pm – 4:00pm <i>Massage Level 2</i>	1:00pm – 4:00pm <i>Massage Level 2</i>	1:00pm – 4:00pm <i>Integration and Practice</i>	
	Off	Off	Off	4:00pm - 6:00pm <i>Integration</i>	4:30pm – 7:00pm <i>Evening Party</i>	

10 Sunday	11 Monday	12 Tuesday	13 Wednesday	14 Thursday	15 Friday	16 Saturday
	Two-Day Workshop- Day 1 9:00am - 4:00pm Laban Movement Analysis	Two-Day Workshop- Day 2 9:00am – 4:00pm Laban Movement Analysis				Weekend Workshop- Day 1 12:00pm – 6:00pm Body-Mind Centering® (BMC)

Moving On Center 2008 Calendar

August

BMC Workshop
August 16-17

Somatics of Presence Intensive
August 18-29

August

17 Sunday	18 Monday	19 Tuesday	20 Wednesday	21 Thursday	22 Friday	23 Saturday
Weekend Workshop- Day 2 Body-Mind Centering® (BMC) 12:00pm – 6:00pm	Somatics of Presence Intensive begins 9:00am – 12:00pm Fundamentals	9:00am – 12:00pm Fundamentals	9:00am – 12:00pm Fundamentals	9:00am – 12:00pm Process Check in	9:00am – 12:00pm Integration	<i>Free!</i>
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm – 4:00pm Performance Lab	1:00pm – 4:00pm Performance Lab	1:00pm – 4:00pm Performance Lab	1:00pm – 4:00pm Performance Lab	1:00pm – 4:00pm Performance Lab	
24 Sunday	25 Monday	26 Tuesday	27 Wednesday	28 Thursday	29 Friday	30 Saturday
<i>Free!</i>	9:00am – 12:00pm Fundamentals	9:00am – 12:00pm Fundamentals	9:00am – 12:00pm Process Check in	9:00am – 12:00pm Fundamentals	9:00am – 12:00pm Integration	<i>Free!</i>
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm – 4:00pm Performance Lab	1:00pm – 4:00pm Performance Lab	1:00pm – 4:00pm Performance Lab	1:00pm – 4:00pm Preparation for Performance	1:00pm – 4:00pm Closing	
				7:00pm – 11:00pm Performance!		

Moving On Center 2008 Calendar

Module II: Socially Conscious Body
September 7 - October 3: Weeks 1 & 2

September

September

7 Sunday	8 Monday	9 Tuesday	10 Wednesday	11 Thursday	12 Friday	13 Saturday
MODULE II: Week 1 Process Arts (2 weeks) <i>Note: Classes in italics are only open to students taking the full Module or the full two weeks of Process Arts.</i> 12:00pm – 4:00pm Orientation for Socially Conscious Body	9:00am – 12:00pm Process Work	9:00am – 12:00pm Authentic Movement	9:00am – 12:00pm Process Work	9:00am – 12:00pm Authentic Movement	9:00am – 12:00pm Process Work	<i>Free!</i>
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm – 3:30pm Liberation Voices	1:00pm – 3:30pm Social Change Project	<i>1:00pm – 3:30pm Heart Circles</i>	1:00pm – 3:30pm Social Change Project	<i>1:00pm – 3:30pm Integration</i>	
	<i>Off</i>	<i>Off</i>	<i>Off</i>	<i>3:30pm – 5:30pm Group Advising</i>	<i>Off</i>	
14 Sunday	15 Monday	16 Tuesday	17 Wednesday	18 Thursday	19 Friday	20 Saturday
MODULE II: Week 2 Process Arts <i>Note: Classes in italics are only open to students taking the full Module</i>	9:00am – 12:00pm Process Work	9:00am – 12:00pm Authentic Movement	9:00am – 12:00pm Process Work	9:00am – 12:00pm Authentic Movement	<i>9:00am – 12:00pm Homework</i>	<i>Free!</i>
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm – 3:30pm Liberation Voices	1:00pm – 3:30pm Social Change Project	1:00pm – 3:30pm Heart Circles	1:00pm – 6:00pm Final Social Change Project	<i>1:00pm – 3:30pm Integration & Closing</i>	
	<i>Off</i>	<i>3:30pm – 5:30pm Group Advising</i>	<i>Off</i>		<i>Evening Potluck</i>	

Sept/Oct

Moving On Center 2008 Calendar
 Module II: Socially Conscious Body
 September 7 - October 3: Weeks 3 & 4

Sept/Oct

21 Sunday	22 Monday	23 Tuesday	24 Wednesday	25 Thursday	26 Friday	27 Saturday
MODULE II: Week 3 Facilitation Training (2 week) <i>Note: Classes in italics are only open to students taking the full Module or the full two weeks of Facilitation Training.</i> Free!	9:00am – 12:00pm Songs and Games for Community Building	9:00am – 12:00pm Tracking the Unconscious Facilitator	<i>9:00am – 12:00pm Heart Circle</i>	9:00am – 12:00pm Tracking the Unconscious Facilitator	<i>9:00am – 12:00pm Homework</i>	Free!
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm – 4:00pm Facilitation Skills: The Basics	1:00pm – 4:00pm Facilitation Skills: The Basics	1:00pm – 4:00pm Facilitation Skills: The Basics	1:00pm – 4:00pm Facilitation Skills: The Basics	1:00pm – 4:00pm Facilitation Skills: The Basics	
	<i>Off</i>	<i>Off</i>	<i>Off</i>	<i>4:00pm – 5:30pm Group Advising</i>	<i>Off</i>	
28 Sunday	29 Monday	30 Tuesday	1 Wednesday	2 Thursday	3 Friday	4 Saturday
MODULE II: Week 4 Facilitation Training Free!	9:00am– 9:30 Singing and Movement	9:00am– 9:30 Singing and Movement	9:00am– 9:30 Singing and Movement	9:00am– 9:30 Singing and Movement	<i>9:00am – 12:00pm Homework</i>	Free!
	9:30am – 12:00pm Going Deeper: Advanced Facilitation	9:30am – 12:00pm Going Deeper: Advanced Facilitation	<i>9:30am – 12:00pm Heart Circle</i>	9:30am – 12:00pm Going Deeper: Advanced Facilitation		
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm – 4:00pm Going Deeper: Advanced Facilitation	1:00pm – 4:00pm Going Deeper: Advanced Facilitation	1:00pm – 4:00pm Going Deeper: Advanced Facilitation	1:00pm – 4:00pm Going Deeper: Advanced Facilitation	<i>1:00pm – 3:30pm Integration</i>	
	<i>Off</i>	<i>4:00pm – 5:30pm Group Advising</i>	<i>Off</i>	<i>Off</i>	<i>3:30pm and on into the night Closing party!</i>	

January

Moving On Center 2009 Calendar
Module III: Improvisational Mind & Performance
January 4 – 30: Weeks 1 & 2

January

4 Sunday	5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday	10 Saturday
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> Module III – Week 1 <i>Note: Classes in italics are only open to students taking the full Module</i> </div> 10:00am – 6:00pm Improvisational Mind & Performance Module Orientation	9:00am – 12:00pm Voice	9:00am – 12:00pm BMC & Contact Improv	<i>9:00am – 12:00pm</i> <i>Heart Circle</i>	9:00am – 12:00pm Authentic Movement	<i>9:00am – 12:00pm</i> <i>Showings</i>	<i>Free!</i>
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm – 4:00pm Contact Improvisation	1:00pm – 4:00pm Contact Improvisation	1:00pm – 4:00pm Contact Improvisation	1:00pm – 4:00pm Contact Improvisation	<i>1:00pm – 4:00pm</i> <i>Dialogues</i>	
	<i>Off</i>	Group Advising	<i>Off</i>	<i>Off</i>	<i>Off</i>	
11 Sunday	12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday	17 Saturday
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> Module III – Week 2 </div> <i>Free!</i>	9:00am – 12:00pm Voice	9:00am – 12:00pm BMC & Contact Improv	<i>9:00am – 12:00pm</i> <i>Heart Circle</i>	9:00am – 12:00pm Authentic Movement	<i>9:00am – 12:00pm</i> <i>Showings</i>	<i>Free!</i>
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	
	1:00pm-4:00pm Action Theatre	1:00pm-4:00pm Action Theatre	1:00pm-4:00pm Action Theatre	1:00pm-4:00pm Action Theatre	<i>1:00pm – 4:00pm</i> <i>Dialogues</i>	
	<i>Off</i>	<i>Off</i>	<i>Off</i>	<i>Individual Advising – PArts Students</i>	<i>Off</i>	

January

Moving On Center 2009 Calendar
Module III: Improvisational Mind & Performance
January 4 – 30: Weeks 3 & 4

January

18 Sunday	19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday	24 Saturday	
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> Module III – Week 3 <i>Note: Classes in italics are only open to students taking the full Module</i> </div> <i>Free!</i>	9:00am – 12:00pm Voice	9:00am – 12:00pm BMC & Contact Improv	<i>9:00am – 12:00pm Heart Circle</i>	9:00am – 12:00pm Authentic Movement	<i>9:00am – 12:00pm Showings</i>	<i>Free!</i>	
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00		
	1:00pm – 4:00pm Performance & Composition	1:00pm – 4:00pm Performance & Composition	1:00pm – 4:00pm Performance & Composition	1:00pm – 4:00pm Performance & Composition	<i>1:00pm – 4:00pm Dialogues</i>		
	<i>Off</i>	<i>Off</i>	<i>4:00pm - 6:00pm Heart Circle</i>	<i>4:00pm – 6:00pm Authentic Movement</i>	<i>Off</i>		
25 Sunday	26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday	31 Saturday	
<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> Module III – Week 4 <i>Note: Classes in italics are only open to students taking the full Module</i> </div> <i>Free!</i>	9:00am – 12:00pm Voice	9:00am – 12:00pm BMC & Contact Improv	<i>9:00am – 12:00pm Heart Circle</i>	<i>10:00am – 12:00pm Prep for Performance</i>	<i>9:00am – 12:00pm Dialogues</i>	<i>Free!</i>	
	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00	Lunch 12:00 – 1:00		
	<i>1:00pm-4:00pm Prep for Performance</i>	<i>1:00pm-4:00pm Prep for Performance</i>	<i>1:00pm-4:00pm Prep for Performance</i>	<i>1:00pm-4:00pm Prep for Performance</i>	<i>1:00pm-4:00pm Prep for Performance</i>		<i>1:00pm – 4:00pm Closing</i>
	<i>Off</i>	<i>Off</i>	<i>Off</i>	<i>Evening: Final Performance</i>	<i>Off</i>		